



## Easy Tuna Salad on Tomato

1 can solid white Albacore tuna in water – 4 oz. drained wt.

2-3 T Avocado salad dressing

1 medium to large tomato

Drain tuna and flake into bowl. Blend with 2-3 T. of [Avocado Dressing](#). Cut Tomato into eights, but not thru the bottom. Fan tomato on plate and place tuna salad in the middle.

Pairs well with ¼ c. fresh blueberries and ¼ c. fresh strawberries mixed together.