



## Grilled Chicken Tostado

1 5-6 oz. [grilled chicken breast](#)

¼ c. finely shredded Mexican blend cheese

1 Tostado

1 medium size tomato – diced

½ T. finely chopped onion (optional)

2 T. medium fresh cut salsa (I use Target brand)

2-3 T. [Easy Guacamole](#)

1 T. low fat Greek yogurt

Cilantro leaves for garnish (and taste!)

2 lime wedges

Slice [grilled chicken breast](#) and place on tostado. Top with shredded Mexican blend cheese and place under broiler until cheese melts. Remove from broiler and top with diced tomatoes, chopped onion, fresh cut salsa, [Easy Guacamole](#), Greek yogurt. Garnish with cilantro leaves and limes to squeeze for added flavor.

When I [grill chicken breasts](#) I always grill for other meals to cut prep time for lunches or hurried dinners. This is a very easy lunch or dinner. If you are in a hurry – no worries - this is great cold!